

RULES AND REGULATION

Spoletto Norcia Gravel 2023

1. Schedule

The SpolettoNorcia Gravel is an Event non-competitive cycling tour which will take place on Sunday 11 June 2023 in Scheggino, Perugia, Italy. The event aims to promote the tourism in the area of Valnerina and its landscape, the cultural aspect, the food and wine excellences.

The collection of the race packs will take place:

- Saturday 10 June 2023, from 15:00 to 19:00 at the place and in the manner that will be communicated later
- Sunday 11 June 2023, from 7:00 to 8:30 in Piazza Urbani in Scheggino

The departure will take place from Piazza Urbani in Scheggino at the following times:

- 8.30 am: Medium/medium plus/long route
- 9.00 am: Short route

The arrival will always take place in Scheggino in Piazza Urbani. To allow regular use of the services, the maximum time to complete all the routes will be set at 18:30.

Departure and arrival will take place in compliance with the rules established for prevention and protection of public health in place at the date of the event.

2. Routes

There will be 4 routes and they are as follows:

- 104 km with 1,930 m of elevation gain for the long route
- 92 km with 1,750 m of elevation gain for the medium plus route
- 58 km with 1,500 m of elevation gain for the medium route
- 49km with 580m of elevation gain for the short route

Figure 1 on the following page shows an infographic with the main characteristics of the routes (altimetry, length, total positive difference in height).

All routes will be mainly on paths, dirt roads and paved secondary roads. There may be short stretches of state roads. Traffic Laws must be respected all the time. The paths will be in a loop (arrival and departure at the same place) and their general characteristics (map, mileage, total elevation gain and elevation profile) will be viewable on the website www.laspoletonorciagravel.it

One week before the event it will be sent to all registered participants an email containing:

- the definitive .gpx tracks
- roadbooks with a map of routes, check points, main turns and points of departure and points of interest (refreshments, water supply, places of tourist interest)
- a map of the various meeting places and services (checks and race packs, parking, pasta parties, showers, etc.)

The Organizer reserves the right to change the number, length, altimetry, difficulty of the routes, promptly informing the participants of the occurrence variation.
Before the Event takes place, the participants will be asked mandatory to upload the track provided on their GPS device and then follow it from starting to the end. No assistance will be provided during the collection of the race packs for uploading GPS tracks to devices.

NOTE: By downloading the tracks of the various routes to your devices, the difference in altitude may result different due to the different maps used by various GPS devices; it is confirmed that the real height difference will be the one declared on the Event website.
The short route will be signposted only at the main turns; there will also be special signs at the separation points of the routes and refreshments, it will remain the obligation from the participants to upload the track provided on their GPS device and follow it autonomously during the journey. Each participant will have the right to choose the most suitable path for him and the choice will have to be indicated at the time of registration. It will be possible to communicate any change of the type of path no later than 4 June 2023, compatibly with the type of medical certificate required. The communication of the route change must be sent by email at info.gravel@laspoletonorciaimtb.it and will have a cost of secretariat equal to 10€.

3. Participation and ranking

All participants Italians and non, will be admitted to the event only if have completed 18th year of age at the time of registration for the Event itself and are in compliance with the following requirements:

- Long and medium route plus: participants must be in possession of a card amateur cyclist from an approved cycling bodies and a valid medical certificate for the practice of competitive cycling; alternatively, they must be in possession of the medical certificate for the practice valid competitive cycling certificate and obtain a day pass for the insurance coverage (see paragraph 4 - Registration fee)
- Medium and short courses: participants must be in possession of a certificate valid non-competitive. To allow for the appropriate checks, the above documentation must be uploaded on the Winning Time platform (see Paragraph 5 - Registration procedure) by and not beyond 8 June 2023.

Participants who do not comply with this requirement will not will be considered regularly registered and will therefore be excluded from the Event and not will be entitled to a refund of the registration fee.

Since it is not a competitive event, there will be no final classification.

Entries will be limited to a maximum of 500 members.

4. Membership Fees

Entries must be made online on the WinningTime portal link: https://www.winningtime.it/webmain.php?mac=calendar_main&item=2635 starting from 21.02.2023 and will entitle to:

- official participation at the event
- the race pack including the front panel to be applied to the bike, the bracelet for access to refreshments, any gadgets and sponsor gifts
- trail tracks in .gpx format and roadbooks
- refreshment points along the routes (1 refreshment point for short, medium, medium plus routes and 2 refreshment points for long route)
- final refreshment on arrival (until 18:30)

The refreshments along the routes will take place in compliance with the rules established for prevention and the protection of public health that will be in force on the date of the event.

4.1 Registration fees calendar

The nominal registration fee is the same for all types of courses and is set at €40 if completed on the day of the event but promotional registration fees will be provided depending on the period in which you enroll:

- €15 discount: from February 21, 2023 to February 28, 2023: therefore the cost is equal to €25
- €10 discount: from March 1, 2023 to April 30, 2023: the cost is €30
- €5 discount: from May 1, 2023 to June 4, 2023 (registration closing date online at 11.59pm)
- Registration on site, possible only on 10 and 11 June 2023, will take place at cost of 40 €

The exclusive technical jersey of La SpoletoNorcia Gravel will be on sale at the village for €45. Free for the first 50 subscribers. Then for those who register online there is the possibility to buy it at a cost of €35 until April 30th.

The technical shirt will be produced exclusively for the participants at the event who are interested in it will be requested and therefore available only in the numbers and sizes ordered through reservation. It will therefore not be possible to make substitutions or size changes.

The Organizer reserves the right to make changes at its sole discretion this part of the regulation and include further promotional offers.

4.2 Daily pass

The daily pass is mandatory if the participant chooses the long route without having a membership with approved cycling body, it costs €10 + €3 for secretarial fees and must be requested in advance when registering on the WinningTime portal; the daily pass must be paid, activated and collected on the day of the Event during the delivery of the race pack.

The race pack must be collected, also by proxy accompanied by a photocopy of the identity document of the delegating party (see attachment A - Parcel collection proxy form competition), strictly on the days and at the times indicated in paragraph 1).

Failure to collect the race pack in the ways listed above will result in the loss of the right to it.

Entry fees cannot be transferred to another participant and cannot be frozen for registration to a subsequent edition of the event.

The event will take place in any weather condition that guarantees the safety of participants. In the event of suspension due to weather alerts, emergencies of various kinds, for any reason not attributable to the Organizer, the registration fees will not be refunded but frozen for the next edition.

5. Registration procedure

Entries will be managed by SSD La SpoletoNorcia srl (hereinafter called "Organizer") through the Winning Time portal.

Registrations will take place online according to the previously illustrated calendar and they will close early if the maximum number of participants is reached of 500 units.

When registering via the Winning Time platform, each participant will declare implicitly pursuant to the D.P.R. no. 445 of 28 December 2000 that the documents uploaded by him on the Winning Time platform are true and correspond to the originals in your possession.

6. Conduct of the Event

All routes will be mainly on paths, dirt roads and paved secondary roads. There may be short stretches of state roads.

The routes will all be open to traffic and it is therefore mandatory for all participants to respect the Highway Code even on dirt roads.

Participation can take place with any type of off-road bicycle (Gravel/MTB), also with assisted pedalling (eBike), as long as it complies with the Highway Code.

The participant acknowledges:

- to be aware that the medium and long routes are not signposted;
- that the routes are mostly dirt roads and may have technical sections;
- that on the entire length of the course you must comply with the Traffic Law and keep an adequate behaviour towards other participants and/or spectators;
- that the physical effort to complete the courses requires adequate preparation athleticism and a fit state of health;
- it is at participants own risk and is considered to be in free excursion; Anyone doesn't have any more rights than other users of the paths and roads
- there is no mechanical assistance service from the organizers along the route, nor the recovery service of the withdrawn and related vehicles
- there are no research obligations on the part of the organizers of the participants on the route, and who undertakes to communicate his withdrawal to the organizer by calling or by sending a text message to the telephone number indicated in the roadbooks.

The participant is aware that the Organizer is not a professional organizing body and acts only for recreational and non-financial purposes (1174 of the Civil Code); it therefore follows that the Organizer is relieved of any responsibility connected to the performance of the Event and in particular by:

- claims occurring to participants or caused by participants
- loss of the route by the participants
- injury of various kinds to the participants
- any damage to the participants bikes
- thefts occurred to the participants

The participant is obliged to carry with him, for the entire duration of his adventure, the following minimum safety equipment:

- GPS device and/or GPS-enabled smartphone with sufficient power reserve to complete the route
- approved helmet to be worn at all times
- white front and red rear lights (for tunnel sections)

- kit for repairing breakdowns (multitool) and for punctures (inner tube and/or patches, levers, pump and/or inflating cans) and all the necessary material to become autonomous and independent along the way
- suitable clothing to shelter from the cold inside the tunnels
- energy bars and/or various and liquid supplements

The Organizer reserves the right to carry out spot checks before the start in relation to the minimum safety equipment.

Participants are also required:

- adequate physical preparation for the chosen course
- a good knowledge of the use of GPS and orientation
- to provide assistance to anyone in difficulty along the way
- to respect and keep clean the places crossed, avoiding throwing along the waste path and placing them in the appropriate collection containers

7. Controls and security

The Organizer will be able to arrange personnel recognizable by means of special bibs, which will provide assistance to the participants and will verify that there are no participants who linger for problems along the way. The staff will not provide any mechanical or other assistance recovery of the withdrawn and related means.

Participants are also obliged to notify the Organizer in case of abandonment of the event and withdrawal from the route before arrival by contacting the staff via the numbers which will be indicated in the roadbooks.

Near the routes, ambulances will be available for medical and other assistance means of rescue. Any further communications will be sent via email and may concern the safety and route condition updates. In this case it is required of the participants to take note of it for the safety of themselves and of the other participants.

8. Disclaimers

By requesting to participate in the Event, each participant:

- declares to have read and approved these regulations and to accept all of them part;
- declares to have read that the Event is a non-competitive event and without rankings
- declares to be aware that, being part of the off-road track, some sections can be rough and require good driving technique and that where necessary, the participant will overcome the difficult section at his own discretion by descending from the bicycle and proceeding on foot
- declares to have experience in GPS navigation in off-road routes and/or however not tracked;
- declares to be aware that the route is not marked (long), it is not monitored and there are no safety posts and/or rescue personnel along the path;
- declares to be aware of the possibility of encountering adverse conditions weather and be equipped to do so;
- declares not to resort to doping, drugs or medicinal substances that may alter the performance or cause situations of damage or danger for oneself or for others;
- declares to have all the necessary material to take part in adventures such as this and to autonomously cover the track requested by the organization;
- declares to be aware that unforeseen events can happen along the way such as wind, rain, cold, darkness, encounters with unattended and/or wild animals and be adequately prepared to deal with them;

- declares that the material is in excellent condition and ready for use, with the track which one the gps track requires
- guarantees its own behavior during and after the event;
- declares to be in good physical condition and to have undergone a medical examination where required
- expresses his consent to the use of his data, also for commercial purposes, just the provisions of the Privacy law n. 196 of 06/30/2003;

The organization reserves the right to change these regulations during construction comply with the rules and/or restrictions (Government, Region, FCI or others) that may be imposed in force at the time of the event.

9. Treatment of personal data and use of the image of the participants

Participation in the event involves the processing of personal data of participants for the purposes and in the manner described in the Privacy Policy of the Organizer. The data controller is the Organizer. By subscribing to Event, the participant confirms that he has carefully read the Privacy Policy of the Organizer.

The participant acknowledges and accepts that, in view of the public nature of the Event, of the object of the broadcasting and marketing services of the filming photographic videos of the Event, as well as the impossibility of selectively limiting the video-photographic recordings, to register and participate in the Event it is necessary authorize the shooting and use of your image in the manner and for the purposes indicated in these Regulations, as well as in the Disclaimer and in the Privacy Policy.

ANNEX A – FORM FOR THE DELEGATION OF THE RACE PACK COLLECTION

THE PRESENT

NAME SURNAME _____

BORN IN THE _____

ADDRESS _____

ZIP Code _____ CITY _____

DOCUMENT TYPE _____ NUMBER _____

ISSUED BY _____ ON _____

DELEGATES

NAME SURNAME _____

BORN IN THE _____

ADDRESS _____

ZIP Code _____ CITY _____

DOCUMENT TYPE _____ NUMBER _____

ISSUED BY _____ ON _____

ON COLLECTION OF THE TECHNICAL ENVELOPE AND THE RACE PACK OF THE EVENT
SPORT "SPOLETO NORCIA GRAVEL 2023"

PLACE AND DATE _____

SIGNATURE OF THE DELEGANT

ATTACH PHOTOCOPY OF THE CURRENT IDENTITY DOCUMENT OF THE DELEGANT
OF VALIDITY.

THE DELEGANT MUST PRESENT AN IDENTITY DOCUMENT
VALIDITY'.